

Your Skills and Interests

1. Have you ever done any voluntary work before? Yes No

If you answered yes, please tell us a little about the experience.

2. Why do you want to volunteer now? What has motivated you to get in touch with us?

3. Do you have any particular skills or qualities that you could use in your voluntary work?

4. Do you have any physical limitations that may limit your activities? Yes No

If yes, describe: _____

5. What kind of voluntary work interests you?

- Teaching Skills to Youth
- Mentorship
- Supervising and Interacting with Youth
- Project Based Volunteering
- Other

6. When are you available for voluntary work? Totally Flexible

	Monday	Tuesday	Wednesday	Thursday	Friday
Afternoon					
Evening					

7. How long do you intend to volunteer for? _____
(note that some opportunities demand a minimum time commitment)

8. How did you find out about volunteering with *grow*?

- Information / Outreach meeting
- Grow Website
- Flyer
- Word of Mouth
- Internet www. _____
- Other _____